

Before returning your form(s), did you remember to?

- Complete all necessary Personal Information including the name of the employer plan from which you want to take payments and the account numbers from which payments will be made. You'll find the account numbers on your quarterly statement, on your contracts and in your online account information under Plan Balances.
- Specify how often you want to receive payments and when you want them to begin and end.
- Tell us how you want to receive the funds: direct deposit, direct rollover to TIAA-CREF or to another company. If you choose direct rollover to an existing or new TIAA-CREF, account, complete all required information. If you choose direct deposit or direct rollover to another company, complete all required information and signatures.
- Complete the federal and state tax withholding elections and tell us who your beneficiaries are for the new contract you will receive for your minimum distribution payments.
- Sign and date your request.
- Complete either the unmarried determination or spousal waiver section, whichever applies to you. If you're married, your spouse must sign this request before a notary public or plan representative on the same or later date than when you sign it.

ERISA MDO